

## Our Staff



Dr. Sally G. Hoyle, Program Director, specializes in adjustment and school problems, social skills deficits, child abuse recovery, family concerns, anxiety, and depression in children ages 2-18. Special populations she serves include children in adoption and foster care, high functioning autism spectrum, medically at risk, and siblings of special needs children.

Dr. Ginger Martin specializes in early childhood behavioral problems, play therapy, Parent-Child Interaction Therapy, and assessment. She primarily works with preschool-aged children with a variety of concerns, and collaborates with parents to help manage behaviors.

Dr. Susan Turner specializes in work with pre-teens and teens presenting with a variety of concerns. Dr. Turner is skilled in helping teens form positive coping skills for managing stress through the use of cognitive-behavioral therapy. In addition, she is trained in the use of clinical hypnosis for reducing symptoms of anxiety and pain.



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*A Multi-Specialty Psychological Group*

## Cognitive Dynamic Therapy Associates



## Child & Adolescent Program

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Sally G. Hoyle, Ph.D, Program Director  
Ginger Martin, Psy.D  
Susan Turner, Psy.D

## CDTA's Child and Adolescent Program

Cognitive Dynamic Therapy Associates introduces its Child and Adolescent Program. Staffed by three clinical child psychologists, our program seeks to meet the needs of toddlers, children and adolescents with various clinical problems. Our clinical child psychologists are trained in understanding, preventing, diagnosing and treating a wide range of psychological, cognitive, emotional, developmental, behavioral and family problems.

## How We Can Help You And Your Child

The types of problems addressed with children and teenagers include, but are not limited to, the following:

- Attention and learning problems
- Health related problems affecting development
- Depression
- Anxiety Disorders
- Adjustment Disorders
- Family stress
- Difficulty with peer or social relationships
- Emotional or mental health problems
- Loss of a loved one
- Trauma of sexual abuse, physical abuse or neglect
- Behavioral disorders
- Gifted adjustment
- Autism spectrum disorders

## What To Expect When You Call

In most cases, we return phone calls in one to two days. We will ask you to describe your concerns about your child or teenager so that we can identify which psychologist will work best with you and your child. We will also find out which office location (North Hills or Oakland) and which days of the week work for you.

## Assessment

Assessments may include clinical interview with both parents and children, behavioral observation, standardized tests, and parent questionnaires.

## Therapy

Psychotherapy with your child or adolescent may include:

- \* Cognitive behavioral approaches
- \* Individual therapy
- \* Parenting consultation
- \* Family therapy
- \* Play therapy
- \* Parent child interactional therapy
- \* Collaboration with pediatricians, school counselors or other mental health practitioners.

## Our Offices

### **CDTA Oakland**

155 North Craig Street, Suite 170  
Pittsburgh, Pennsylvania 15213

### **CDTA North**

9500 Brooktree Road, Suite 312  
Wexford, Pennsylvania 15090

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## To Contact Us:

Dr. Sally G. Hoyle  
Cell: 724-272-2124  
E-mail: [drsallyghoyle@hotmail.com](mailto:drsallyghoyle@hotmail.com)

Dr. Ginger Martin  
Cell: 412-979-0262  
E-mail: [gingermartin415@hotmail.com](mailto:gingermartin415@hotmail.com)

Dr. Susan Turner  
Cell: 412-552-9690  
E-mail: [turnersa@upmc.edu](mailto:turnersa@upmc.edu)

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## Main Business Office:

*manager@cogdyn.com - 412-687-8700*  
*FAX 412-687-6808*